

Who are Safe Adults?

In each of the five (5) fingers below, write down the name of a Safe Adult you could go to if you are ever scared, worried or troubled about something.

Try to pick people from different places you go like school, other people's homes, church, clubs, sports and more!



1 _____

2 _____

3 _____

4 _____

5 _____

My safe
Adults ♥